





# December 2023

## Jr Sr Highschool | Breakfast MENU

MON	TUES	WED	THURS	FRI
				<sup>1</sup> <b>Blueberry Parfait with Cereal</b> Fresh Apple Grab & Go Fruit Milk
<sup>4</sup> <b>Breakfast Flatbread</b> 100% Orange Juice Grab & Go Fruit Milk	<sup>5</sup> <b>Sausage, Egg, &amp; Cheese Bagel</b> Fresh Pear Grab & Go Fruit Milk	<sup>6</sup> <b>Egg &amp; Cheese Bagel</b> Raisins Grab & Go Fruit Milk	<sup>7</sup> <b>Bacon, Egg, &amp; Cheese Bagel</b> Fresh Banana Grab & Go Fruit Milk	<sup>8</sup> <b>Peach Parfait with Cereal</b> Fresh Apple Grab & Go Fruit Milk
<sup>11</sup> <b>Turkey Sausage Pancake Wrap</b> 100% Orange Juice Grab & Go Fruit Milk	<sup>12</sup> <b>Sausage, Egg, &amp; Cheese Bagel</b> Fresh Pear Grab & Go Fruit Milk	<sup>13</sup> <b>Egg &amp; Cheese Bagel</b> Raisins Grab & Go Fruit Milk	<sup>14</sup> <b>Bacon, Egg, &amp; Cheese Bagel</b> Fresh Banana Grab & Go Fruit Milk	<sup>15</sup> <b>POP UP PARFAIT BAR!</b> Fresh Apple Grab & Go Fruit Milk
<sup>18</sup> <b>French Toast Sticks w/ Sausage</b> 100% Orange Juice Grab & Go Fruit Milk	<sup>19</sup> <b>Sausage, Egg, &amp; Cheese Bagel</b> Fresh Pear Grab & Go Fruit Milk	<sup>20</sup> <b>Egg &amp; Cheese Bagel</b> Raisins Grab & Go Fruit Milk	<sup>21</sup> <b>Bacon, Egg, &amp; Cheese Bagel</b> Fresh Banana Grab & Go Fruit Milk	<sup>22</sup> <b>Strawberry Parfait with Cereal</b> Fresh Apple Grab & Go Fruit Milk
<sup>25</sup> <b>No School For Students</b>	<sup>26</sup> <b>No School For Students</b>	<sup>27</sup> <b>No School For Students</b>	<sup>28</sup> <b>No School For Students</b>	<sup>29</sup> <b>No School For Students</b>
<div> <b>Winter Break</b> </div>				

Menus are subject to change based on product availability .

### POP UP PARFAIT BAR on December 15<sup>th</sup>!

Choose your Base: Vanilla or Strawberry Greek Yogurt  
Choose your Fruit: Peaches, Blueberries, Strawberries, or Cinnamon Apples  
Choose your Topping: Cereal or Granola  
Served with Fresh Apples, Milk, and Juice

All Lunches Must  
Include Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

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